**RAMCO INSTITUTE OF TECHNOLOGY**

**Hostel Menu (***revised with effect from* ***19.07.2018*)**

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| **DAYS** | **BREAK FAST** | **LUNCH** | **SNACKS** | **DINNER** |
| **Monday** | **Idly, Sambar, Tomato chutney,**  **Vada, Coffee/Milk.** | **Rice, Paruppu+Ghee, Masala, Porial, Rasam, Curd, Fryums and Pickle.** | **Boiled Groudnut Fry(100g)**  **+ Elakka Tea/Milk.** | **Chappathi(5 Nos.), Aloo+Peas Masala, Curd Rice, Pickle and Banana.** |
| **Tuesday** | **Venpongal, Sambar,**  **Coconut Chutney, Medu Vadai,**  **Coffee/Milk.** | **Rice, Sambar, Kootu, Poriyal, Rasam, Butter Milk, Pappad and Pickle.** | **Boiled Grams (100g)**  **+ Tea/Milk.** | **Poori(5 Nos.), Channa Masala, Curd Rice, Pickle and Banana.** |
| **Wednesday** | **Plain bread, Jam, Egg Omlet with Onion, Khichidi (Rava/Semiya), Coffee/Milk.** | **Rice, Thattampayaru Kulambu, Vazhakka Poriyal, Rasam, Curd, Fryums and Pickle.** | **Dal Vada (1)**  **+ Masala Tea/Milk.** | **Special dosai with Ghee roast (3Nos.), Sambar, Mint Chutney, Curd Rice, Pickle and Ice Cream.** |
| **Thursday** | **Kesari, Idly, Sambar, Mint Chutney, Coffee/Milk.** | **Sambar Rice/Tamarind Rice/Briyani/Mint Rice/Vegetable Rice/Coconut Rice/Tomato Rice/Corainder Rice.**  **Two types Rice + Curd Rice + Masala + Thuvaiyal + Pickle.** | **ChannaFry (100g)**  **+ Tea/Milk.** | **Poodi , Dosai, Sambar,**  **Tomato/MintChutney,**  **Curd Rice and Banana.** |
| **Friday** | **Dosai, Sambar, Tomato Chutney, Coffee/Milk.** | **Rice, Sambar, Masala, Poriyal, Rasam, Payasam, Curd, Pappad and Pickle** | **Onion Pakoda**  **+ Ginger Tea/Milk.** | **Chappathi (5Nos.), Khurma,**  **Curd Rice, Pickle and**  **Ice Cream.** |
| **Saturday** | **Idly, Sambar, Mint Chutney, Kesari, Coffee/Milk.** | **Rice,Butter Milk Kulambu (or) Karakulambu, Varuval, senai kizhangu fry, Rasam, Curd, Fryums and Pickle** | **Bajji-(1 Nos.) (or) Chilly Bajji-(1 Nos)**  **+ Tea/Milk.** | **Noodles with Vegetables, Tomato Ketchup, Curd Rice and Banana.** |
| **Sunday** | **Special dosai, Sambar, Tomato Chutney, Coffee/Milk.** | **Vegetable Briyani, Tomato Ketchup, Cauliflower fry/Mushroom fry, Curd Rice, Boiled Egg with Pepper and Salt, Pickle.** | **Medu Vada (1Nos.)**  **+ Masala Tea/Milk.** | **Parota/ Rumali Roti (4 Nos.), Panneer Butter Masala, Curd Rice, Pickle and Banana, Rose milk/Badam milk.** |

**PRINCIPAL**